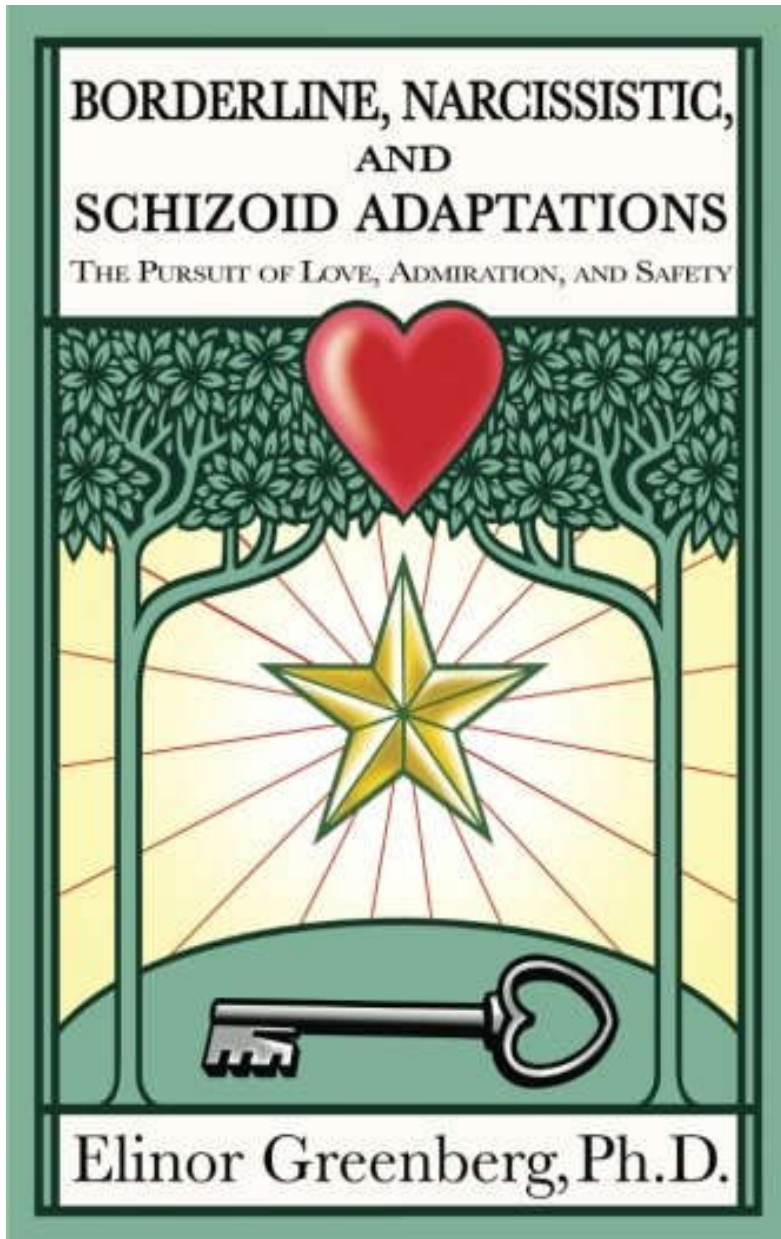


Borderline, Narcissistic, and Schizoid Adaptations

The Pursuit of Love, Admiration, and Safety



In this book, Elinor Greenberg demystifies the diagnosis and treatment of personality disorders. She offers clear and practical advice on how to differentiate and treat clients who have Borderline, Narcissistic, or Schizoid characteristics. The book begins with an overview of the topic of personality disorders, reframes these disorders as adaptations, and then explains the treatment interventions that work best for each type of adaptation. Later chapters describe how to do specific interventions that deal with commonly encountered treatment issues. Each type of intervention is explained in detail, ample clinical examples are given, as is how and when to utilize the method in the client's treatment. Both beginning therapists and experienced clinicians alike will find this book a useful resource that will expand their understanding and effectiveness with this often challenging group of clients.

Elinor Greenberg, Ph.D., CGP, is a psychologist and an internationally renowned Gestalt therapy trainer who specializes in teaching the diagnosis and treatment of Borderline, Narcissistic, and Schizoid clients.

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